



Vote Your Values

Apply Mindfulness to
Citizenship in 2026



Are you genuinely concerned about the outcome of the mid-term elections?

Want to ensure your value-based ballot counts?

This non-partisan, free, on-line workshop will guide you to understand your own personal core values more deeply and give you the tools you need to identify candidates that align with them.

On November 3rd we have the opportunity and responsibility to express ourselves and by casting our votes for national, state, and local representatives and voicing our opinion on any issues being brought to the people.



Join the lively discussion!

Click this link eventbrite.com
or scan the QR code to register
and receive the link to the workshop.





Vote Your Values 2026

Tuesday, September 15 and/or Thursday, October 22, 2026

7–9 PM Eastern

★ Presented by Tysons Interfaith ★
★ Facilitated by Rev. Dr. Trish Hall ★