

Help End World Hunger

Rise Against Hunger's meal packaging program is a volunteer-based initiative that coordinates the assembly-line packaging of highly nutritious dehydrated meals comprised of rice, soy, vegetables, and 23 essential vitamins and minerals. The program was created to give dedicated individuals and organizations, from businesses to civic clubs, the opportunity to participate in a hands-on international hunger relief program and to become educated, engaged advocates for the world's hungry. The events also give volunteers hands-on experience in leadership development, team-building, relationship-building, creative problem-solving, and goal-setting and achievement.

Rise Against Hunger is committed to the idea that it is possible to end world hunger through:

- Food and Aid Distribution
- Agricultural Initiatives
- Enterprise Initiatives
- Empowerment
- Advocacy



People from all faiths and backgrounds, various organizations, teams and civic groups all working together for a common cause.

**Since 2010
McLean Community
Rise Against Hunger Events
has packaged over
3,750,000 meals**

**The next McLean
Community Meal-
Packaging Event will be
November 7, 2026 at
Lutheran Church of the
Redeemer
1545 Chain Bridge Rd.,
McLean, VA**

**Shifts begin at
8:00 am, 11:00 am and 2:00 pm.
The goal for this event will be
to package 247,536 meals,
requiring contributions of
\$99,000 (40¢ per meal) and
over 1000 volunteers .**



Since the inception of the meal packaging program in December 2005, packaged meals have been used primarily to support school feeding programs in developing countries. Hunger is the common thread among the world's most challenging issues. Targeting hunger — specifically by supporting school feeding programs — leverages support to other causes including poverty, disease, education, and the welfare of women and children. Rise Against Hunger partners with organizations in 29 countries to get aid to where it is needed most.

Register and Donate at
<https://act.riseagainsthunger.org/event/e803896>

Visit us at
<https://www.facebook.com/mcleancommunityrah>

Contact us at
riseagainsthungermclean@gmail.com