

Vote Your Values

**Apply Mindfulness to
Citizenship in 2026**



Are you genuinely concerned about the outcome of the mid-term elections?

Want to ensure your value-based ballot counts?

This non-partisan, free, on-line workshop will guide you to understand your own personal core values more deeply and give you the tools you need to identify candidates that align with them.

On November 3rd we have the opportunity and responsibility to express ourselves and by casting our votes for national, state, and local representatives and voicing our opinion on any issues being brought to the people.

Join the lively discussion!

Click this link: eventbrite.com or scan the QR code to register

The zoom link for the workshop will be sent to those who register 24 hours before the work and again 30 minutes in advance



Vote Your Values 2026

Thursday, October 22, 2026 7–9 PM Eastern

Presented by **Tysons Interfaith**

Facilitated by **Rev. Dr. Trish Hall**